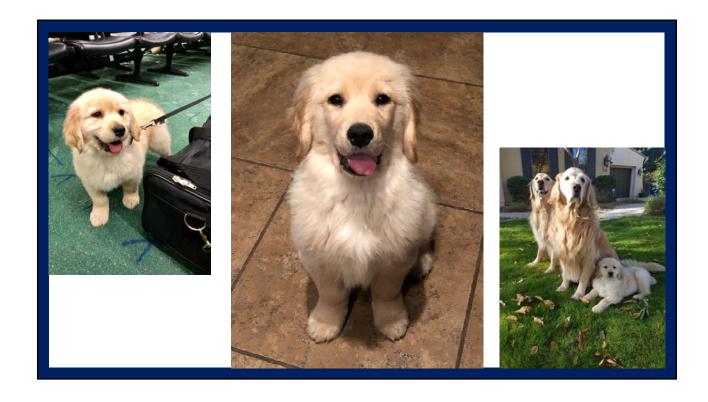
Mindfulness for the Effective Leader

Allison Larsen, CEcD – Principal
TadZo LLC





Mindful Leadership Unleashes *Unbelievαble* Group Outcomes

Get inside the head of an unconventional engagement catalyst

















Imagine we are 10X bolder, where would we invest our time to grow our local economy?



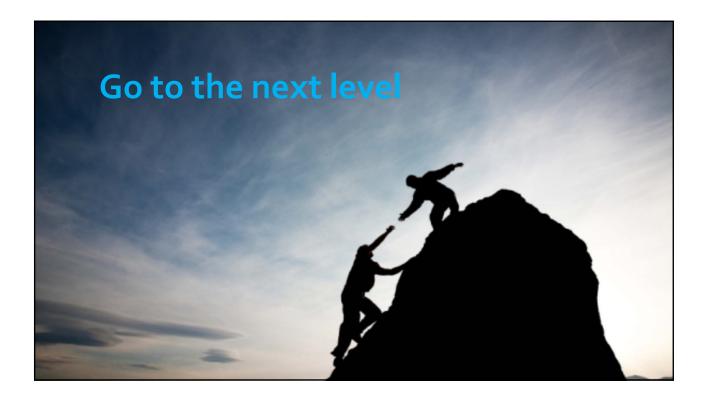








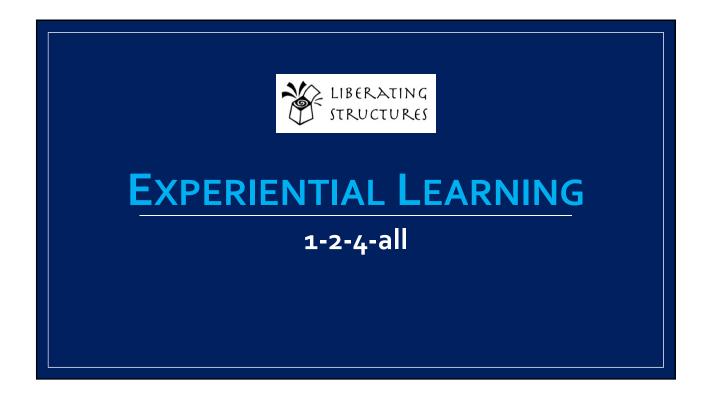












Of the mindful leaders you know, what is the most useful lesson you have observed or heard from them that will help you become a more effective leader?

1 minute silently alone

SHARE DISCUSS

What's IN COMMON?
What's Different?

Pair up 2 minutes

Share: findings from pairs Synthesize: What resonates with you to act on? Group of 4 4 minutes

What did you notice?

